

For immediate release  
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## **MINISTER PAUL BURSTOW CONFIRMS ATTENDANCE AT SELF-CARE CONFERENCE**

The Minister of State for Care Services, Paul Burstow, has confirmed that he will be speaking at the twelfth annual PAGB self-care conference, taking place on 8 November, at RIBA, London. The minister's speech will open the conference as well as launch Self Care Week 2011, taking place 14 – 20 November.

The conference will this year be jointly hosted by Proprietary Association of Great Britain (PAGB), the Royal College of Nursing (RCN), the Royal College of General Practitioners (RCGP) and the National Association for Patient Participation (NAPP).

Other confirmed speakers include Denise Hampson, who will be giving a keynote address on behavioural change, Lynn Young, primary health care advisor at the RCN, Professor Nigel Sparrow, chair of the Professional Development Board of the RCGP, Stephanie Varah, chief executive of NAPP, and Professor Mike Pringle, professor of general practice at University of Nottingham.

Mr Burstow is a keen supporter of self-care, having spoken at last year's self-care conference and ratified the Self Care Forum at its inception in May 2011. The Forum is heavily involved in raising awareness of Self Care Week 2011.

Gopa Mitra, director of policy and public affairs at PAGB, said: "We are delighted that the Minister is able to open the conference and give an inspirational start to the day. At this year's conference we aim to empower clinicians and patient groups to encourage behaviour change around self-care. We know this will not be easy, but with the support of the Minister and the Department of Health we are confident we can make big steps towards our goal."

**Notes to editors:**

The twelfth annual self-care conference is taking place 8 November, RIBA, London, 9.30am – 4.20pm. Attendance is free but places are limited. If you would like to attend please contact Libby Whittaker [libby.whittaker@pagb.co.uk](mailto:libby.whittaker@pagb.co.uk).

For media enquiries please contact Victoria Mayman at [victoria.mayman@salixconsulting.com](mailto:victoria.mayman@salixconsulting.com) or on 020 8675 4779.

For resources and information about Self Care Week 2011 please visit [http://www.selfcareforum.org/?page\\_id=539](http://www.selfcareforum.org/?page_id=539)