Home care is best

Most common illnesses don't need antibiotics

Ear infaction

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This is
bow long
how long
they may lastEar infection
Sore throat
Common cold
Sinusitis
Cough or bronchitis4 days
1 week
1½ weeks
3 weeksthey may lastCommon cold
Sinusitis
Cough or bronchitis1½ weeks
3 weeksYour local pharmacist can recommend
medication to help ease symptoms3 weeks

ete Smith Churchill Medical Centr