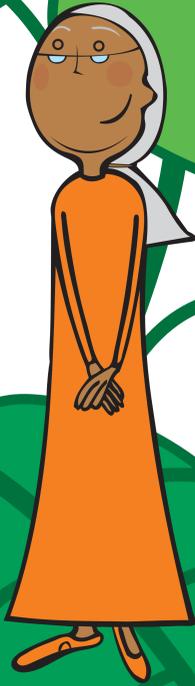




THINK
SELF CARE

FOR
LIFE



Self Care Week
18-24 November
2019